



AUSTRALIAN SPORTS ACADEMY

SIS 30713

CERTIFICATE III IN SPORT COACHING



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SIS30713

CERTIFICATE III IN SPORT COACHING

DESCRIPTION

This qualification reflects the role of individuals who apply the skills and knowledge to pursue a career as a coach. Likely functions for someone with this qualification include observing the performance of athletes to determine the required level of instruction, and planning, conducting and evaluating individualised and team training programs. Those with this qualification would supervise training and provide in competition assistance to athletes including supporting their psychological preparation and conducting post competition analysis of both performance and strategy. They would also be responsible for athlete support needs in conjunction with other personnel. Those with this qualification may also be responsible for the output of others and undertake broader business functions including long and short term planning.

JOB ROLES

The following is an indicative job role for this qualification:

- Community Coach

COURSE DURATION

The delivery for SIS30713 Certificate III in Sport Coaching will take place over 3 months, full-time, and 6 months, part-time.

Course Title: (FULL-TIME)	CERTIFICATE III IN SPORT COACHING
Total No. of Months:	3
Total No. of Days Per Week:	5
Total No. of Hours Per Day:	4.0
Course Title: (PART-TIME)	CERTIFICATE III IN SPORT COACHING
Total No. of Months:	6
Total No. of Days Per Week:	3.0
Total No. of Hours Per Day:	3.5
<u>Total Contact Hours (FULL-TIME/PART TIME)</u>	198

NOTE:

The number of hours listed above are subject to change. Students will be eligible for the certification so long as they fulfil the requisite number of hours, and successfully complete all the assessments as required of them.



SIS30713

CERTIFICATE III IN SPORT COACHING

ENTRY REQUIREMENTS

Minimum Age : 16

Minimum Academic Qualification : 3 O Level passes at C6 or higher, NITEC, or Higher NITEC, Formal education equivalent to O levels

English Language Proficiency : Pass in ASA LLN Test or O Level Pass in English at C6 or higher or IELTS 5.0

PACKAGING RULES

The following 15 units must be completed:

Entry Unit	Unit Description
HLTAID003	Provide first aid
SISSSCO101	Develop and update knowledge of coaching practices (DU)
SISSSCO202	Coach beginner or novice participants to develop fundamental motor skills
SISSSCO303	Plan and deliver coaching programs (DU)
SISSSCO304	Customise coaching for athletes with specific needs (DU)
SISSSDE201	Communicate effectively with others in a sport environment
SISXFAC207	Maintain sport, fitness and recreation equipment for activities
SISXRSK301A	Undertake risk analysis of activities
SITXCOM401	Manage conflict
SISSBSB303A	Teach intermediate level basketball skills
SISSBSB304A	Teach intermediate level basketball tactics and game strategy
SISSSCO305	Implement selection policies
SISSSPT302A	Provide initial management of sports injuries
SISXCAI303A	Plan and conduct sport and recreation sessions
SISXIND409	Organise a sport, fitness or recreation event
HLTAID003	Provide first aid
SISSSCO101	Develop and update knowledge of coaching practices (DU)
SISSSCO202	Coach beginner or novice participants to develop fundamental motor skills
SISSSCO303	Plan and deliver coaching programs (DU)
SISSSCO304	Customise coaching for athletes with specific needs (DU)

#DU stands for Diploma Units

UNIT DESCRIPTIONS

HLTAID003 – Provide first aid

This unit describes the skills and knowledge required to provide a first aid response to a casualty. The unit applies to all workers who may be required to provide a first aid response in a range of situations, including community and workplace settings.

SISSCO101 – Develop and update knowledge of coaching practices

This unit describes the performance outcomes, skills and knowledge required to develop and update information on coaching, including the legal and ethical issues that must be considered by coaches.

SISSCO202 – Coach beginner or novice participants to develop fundamental motor skills

This unit describes the performance outcomes, skills and knowledge required to develop fundamental perceptual motor skills of participants. It requires the ability to plan, conduct and evaluate drills and activities for novice or beginner participants.

This unit applies to those conducting coaching sessions of less than sixty minutes duration for novice or beginner participants in a community sport setting.

SISSCO303 – Plan and deliver coaching programs

This unit describes the performance outcomes, skills and knowledge required to develop and deliver sports coaching programs. The unit focuses on the application of planning and organisational skills to determine developmental activities and delivery methods according to sports participants needs.

This unit applies to those conducting coaching activities in a variety of sport contexts including schools and clubs.

SISSCO304 – Customise coaching for athletes with specific needs

This unit describes the performance outcomes, skills and knowledge required to customise coaching practices for athletes with specific needs.

This unit applies to those operating as a coach from regional, to international level working with athletes with particular needs such as those from culturally linguistic and diverse backgrounds, elite juniors or mature aged athletes. This also covers athletes with a disability.

SISSSDE201 – Communicate effectively with others in a sport environment

This unit describes the performance outcomes, skills and knowledge required to communicate with others in a sport environment. It involves developing relationships, selecting appropriate communication strategies for different people and negotiating with support personnel and others. It also includes dealing with conflict and disputes and underpins effective performance in the sport environment.

This unit describes a key function for all people who require essential communication skills to support their role in sport activities. This unit applies to individuals who undertake a variety of roles in any sport such as officials, coaches and administrators.

SISXFAC207 – Maintain sport, fitness and recreation equipment for activities

This unit describes the performance outcomes, skills and knowledge required to undertake routine maintenance and minor repairs on sport, fitness and recreation equipment.

This unit applies to those who work in a sport, fitness and recreation environment and who undertake equipment maintenance for a specific sport or activity or general equipment maintenance as part of sport, fitness or recreation facility operations.

SISXRSK301A – Undertake risk analysis of activities

This unit describes the performance outcomes, skills and knowledge required to undertake a risk-analysis process in relation to an activity and in accordance with an organisation's risk-management policies and procedures. In this context, the risk-analysis process is conducted using structured analysis methodology according to the current Australian and New Zealand Standard.

This unit applies to those who work in a range of roles and settings in the sport, fitness and recreation industry. This may include those working in after-school or holiday-care programs in a range of locations, in coaching activities or those undertaking a role in outdoor recreation activities, such as camps and other guided activities as well as indoor recreation and fitness activities.

SITXCOM401 – Manage conflict

This unit describes the performance outcomes, skills and knowledge required to resolve complex or escalated complaints and disputes with internal and external customers and colleagues. It requires the ability to use effective conflict resolution techniques and communication skills to manage conflict and develop solutions. It does not cover formal negotiation, counselling or mediation.

SISSBSB303A – Teach intermediate level basketball skills

This unit describes the performance outcomes, skills and knowledge required to teach players intermediate basketball skills. It requires the ability to plan, conduct and evaluate drills, activities, and games which focus on player development of the intermediate skills of basketball.

This unit applies to those basketball coaches known as Association Coaches who operate autonomously at a district and state level to plan and implement training sessions and games to develop intermediate level basketball skills for association representative players in under 14, 16, 18 and 20 year old championship teams.

SISSBSB304A – Teach intermediate level basketball tactics and game strategy

This unit describes the performance outcomes, skills and knowledge required to develop and teach intermediate level overarching game strategy and player tactics. It requires the ability to plan, conduct and evaluate drills, activities, and games which focus on player development of the intermediate tactics of basketball.

This unit applies to those basketball coaches known as Association Coaches who operate autonomously at a district and state level to plan and implement training sessions and games to develop intermediate level basketball tactics and game strategy for association representative players in under 14, 16, 18 and 20 year old championship teams.

SISSSCO305 – Implement selection policies

This unit describes the performance outcomes, skills and knowledge required to utilise selection criteria and policies to make selection decisions in consultation with relevant personnel in specific sporting areas and or activities. It focuses on conveying selection criteria and policy to potential candidates, compiling selection data for potential candidates and applying organisational selection policies.

This unit applies to those working autonomously and within supervisory roles in a sport organisation at a local, state or national level. It applies to personnel responsible for selection of candidates in a sport-specific training and or competition setting including schools and local sporting clubs.

SISSSPT302A – Provide initial management of sports injuries

This unit describes the performance outcomes, skills and knowledge required to provide an immediate response to sports injuries in training or competition situations until the arrival of a health care professional or paramedic. It includes carrying out an initial assessment, managing injuries in line with organisational procedures and best practice and completing reporting requirements.

SISXCAI303A – Plan and conduct sport and recreation sessions

This unit describes the performance outcomes, skills and knowledge required to plan and conduct a non-instructional sport and recreation session for a range of participants. The unit focuses on the ability to identify participant needs, develop a suitable session plan, then conduct and supervise the session in a safe manner. It requires the ability to resource the session, ensure the welfare and satisfaction of participants, and develop and maintain group cooperation and interaction during the session.

SISXIND409 – Organise a sport, fitness or recreation event

This unit describes the performance outcomes, skills and knowledge required to organise an event in a sport, fitness and recreation environment. It involves planning, set-up and delivery of an event, supervising the event team and monitoring and evaluating the event or competition outcomes. Event team members may be paid employees or volunteers.

While the unit is broad in scope to cover the diversity of sport, fitness and recreation event types it requires the ability to apply specific knowledge of event organisation and coordination requirements at a single site or venue for a participation event such as a regional sports carnival, club fundraiser, facility open day or fun run.

This unit requires the event coordinator to consistently and responsibly apply organisational policy and procedures and state, territory and local statutory requirements in regard to planning and delivery of events. Event coordinators would have responsibility for allocation of resources within a defined budget, determining the event specific systems and procedures within the framework of the event managing organisation or sport controlling body and a dedicated event team to assist with the implementation.

DELIVERY METHODS

The course will be delivered using one or more of the following methods:

- Classroom;
- Theory; or
- Practical.

ASSESSMENT METHODS

Assessment methods can include one or more of the following:

- Questions and answers;
- Panel of workplace presenters/personal trainers;
- Simulation;
- Role plays;
- Written and/or oral examinations;
- Projects and case studies;
- Observation;
- Third party report; or
- Practical demonstration and assessment.

CREDIT TRANSFER

The organisation recognises qualifications issued by the Australian Qualification framework and statements of attainment which are issued by any other Registered Training Organisation.

Students may be entitled to a credit transfer in the following circumstances:

- Completed units of competency from a relevant National Training Package.
- Approved units of competency from a National Training Product.
- Successful RPL application.



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RECOGNITION OF PRIOR LEARNING

Recognition of Prior Learning (RPL) is a process where a candidate may be granted credit or partial credit towards a qualification in recognition of skills and knowledge gained through work experience and/or formal training. For additional information relating to RPL for this course, please contact our admissions team.

ACCREDITATION

This course has been developed under the Australian Quality Framework (AQF) and is recognised in Australia. Qualifications granted by Australian Sports Academy are accredited by the Australian Government; Department of Education, Employment and Workplace Relations.

QUALIFICATION FEE (LOCAL Students)

FEES STRUCTURE	
Fees Breakdown	Total Payable (S\$) (with GST)
Application Fee (Non-Refundable)	190.50
Fee Protection Scheme	102.00
Course fee	3,745.00
Course material fee	321.00
Examination fee	1027.20
TOTAL FEES PAYABLE	5,093.20
NO. OF INSTALMENTS	2
INSTALMENT AMOUNT	2,546.60

QUALIFICATION FEE (INTERNATIONAL Students)

FEES STRUCTURE	
Fees Breakdown	Total Payable (S\$) (with GST)
Application Fee (Non-Refundable)	345.50
Medical Insurance Fee	96.30
Fee Protection Scheme	102.00
Fees for Banker's Guarantee (Non-Refundable)	To be determined
Course fee	3,745.00
Course material fee	321.00
Examination fee	1027.20
TOTAL FEES PAYABLE	5,093.20
NO. OF INSTALMENTS	1
INSTALMENT AMOUNT	5,093.20

MISCELLANEOUS FEE (Applicable for both LOCAL and INTERNATIONAL Students)

MISCELLANEOUS FEES	
Purpose of Fee	Amount (with GST S\$)
Deferment Fee (if applicable)	235.40
Re-Assessment per unit	214.00
Re-Module per unit	856.00
Penalty for late payment (each week of late payment)	10.70
Printing cost per Sheet	0.20
Replacement of student ID	21.40
Medical Insurance (if applicable)	96.30
ISA T-shirt	30.00

Note: Miscellaneous Fees refer to any optional fees which the students pay only when applicable.



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About ISA

The International Sports Academy (ISA) was officially opened in 2005 and has been appointed as the sole partner in Singapore by the United States Sports Academy (USSA), to provide quality academic sports certifications and diplomas. The ISA was founded in order to meet the growing need for sports education in Singapore. With the growing interest in sports to promote a healthier lifestyle and a means of social cohesion, the sporting industry has grown substantially over the past years. The ISA provides the much needed knowledge and skills required to empower individuals with the right tools to achieve success in the sporting industry today.

Our Mission

Preparing the next generation of sports leaders for the industry of tomorrow.

Our Vision

To become the region's leader in sports education, providing the tools to empower individuals with both knowledge and skills required to achieve success in the sporting world.

Our Values

PASSION | PURPOSE | PROGRESS

Our Culture

An environment where our passion for sports meets the love of learning.

Where success is not quantified by just the end result, but rather by the calibre of the pursuit.